

Your town is being prepared.  
**How about you ?**



EPTB AUDE  
**SMMAR**  
DES RIVIÈRES & DES HOMMES



# DICRI



MUNICIPAL INFORMATION DOCUMENT  
ON MAJOR RISK

City of **Pouzols-Minervois**  
**2022**

MAIRIE  
DE  
POUZOLS-MINERVOIS  
11120



Téléphone 04 68 46 13 74  
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Prevention is our priority

Public information and awareness about major risks in our town are key to effective prevention.

The municipal council has decided to produce a local emergency action plan (PCS) to maintain public safety and better protect residents' property, as well as the surrounding environment. The purpose of the plan is to define preventive and contingency measures to deal with a crisis event. Developing this PCS also meets a statutory obligation.

This municipal information document on major risks (DICRIM) features hazards that pose a threat to our local area. It provides a reminder of safety guidelines to be followed, warning systems provided by the municipal council, emergency call numbers and what to do if the town was to experience an emergency. This document is a summarised English language version of the DICRIM which I encourage you to read and keep in a safe place.

If the worst does occur, staying alert and helping one another are vital and also life-saving.

The Mayor of Pouzols Minervois

# CONTENTS

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	<b>3</b>	How am I warned?		<b>6</b>	Weather event risks
	<b>4</b>	Flood risks		<b>7</b>	Health risks Radon risks
	<b>4</b>	Wildfire risks		<b>8</b>	Hazardous material transport risks
	<b>5</b>	Ground movement risks		<b>9</b>	Flood event guidance
	<b>5</b>	Earthquake risks		<b>10</b>	Useful websites and telephone numbers

# **i** HOW AM I WARNED ?

If a serious event occurs, the Mayor must alert the local population. There are various ways of doing this in your town :



### RADIO

100 pour 100 on 98.5 FM  
Grand sud on 92.5 FM



### TELEPHONE CALLS



### DOOR-TO-DOOR



### SOCIAL NETWORKS

Facebook : Mairie de Pouzols-Minervois



### WEBSITES

[www.mairie-pouzols-minervois.fr](http://www.mairie-pouzols-minervois.fr)



### E-MAIL



### MUSTER POINTS

1- Festival Hall - 43°17'14.0"N 2°49'37.1"E

**myPredict,**  
l'appli qui vous met en **sécurité.**

- Avertissements personnalisés 24h24 partout dans le monde
- Visualisation des précipitations
- Information sur les risques en cours
- Conseils préventifs pour adopter les bons réflexes
- Accessible à tous pour votre sécurité et vos proches

Download on the App Store | GET IT ON Google Play

**FIND INFO ON CURRENT HAZARDS**  
**SEE RAINFALL PATTERNS LIVE**  
 Know what to do when  
 with safety advice

Download mypredict





# FLOODS

## BEFORE

- Move furniture and valuable items to safety
- Block doors and windows, tether heating oil tanks
- Remove vehicles parked near riverbanks

## DURING

- Don't try to meet close friends and family or collect your children from school, don't drive, postpone your journeys
- Stay informed and listen out for guidance from the authorities in the media, social networks and official websites
- Check on family members, neighbours and vulnerable people
- Shelter on higher ground, don't access basement car parks
- Don't go out on flooded roads by car or on foot

## AFTER

- Keep up to date with any changes in the situation
- Air and disinfect rooms in your house
- Turn the heating on as soon as possible
- Don't switch the electricity back on until the system is dry
- Notify your insurance company about the flood as soon as possible



# WILDFIRES

## BEFORE

- Clear undergrowth from around your house
- Clear gutters where dead leaves can collect

## AFTER

- Leave your house wearing protective clothing (leather shoes and gloves, cotton clothes and a hat), inspect your house and watch embers, extinguish any remaining flames without taking unnecessary risks
- Notify your insurance company about the fire as soon as possible

## IF YOU SEE A FIRE START

- Call the fire brigade immediately
- If possible, try to contain the fire breathing through a wet cloth or piece of fabric

## A PROTECTED HOUSE IS THE BEST FORM OF SHELTER

- Close and hose down shutters, doors and windows
- Block air vents with wet cloths and towels

## IN THE COUNTRYSIDE

- Get away from the fire and smoke as soon as possible
- Don't get out of your car
- Switch off any gas or electrical appliances or devices

## Safety guidance Key points



Don't use the telephone



Stay above ground



Don't drive



Leave children in school



Listen to the radio



Switch off gas and electricity



Close windows and doors



Move to upper floors

## Safety guidance Key points



Don't use the telephone



Don't drive



Distance yourself from the fire



Leave children in school



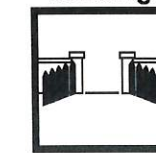
Close windows and doors



Switch off gas and electricity



Take shelter in a permanent building



Clear any access roads and paths

# GROUND MOVEMENTS

## SUBSIDENCE

### DURING

- If inside, use your arms to protect your head, keep away from windows and shelter under a solid piece of furniture
- If outside, shelter in the nearest permanent building

### AFTER

- Switch off gas and electricity, evacuate buildings and do not return, don't use the lift (elevator)
- Vacate the dangerous area and go to a muster point
- Follow instructions from the authorities

## COLLAPSE / CAVE-IN

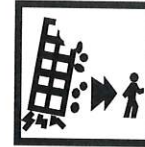
- If inside, evacuate the building immediately and do not return, don't use the lift (elevator)
- If outside, vacate the dangerous area and go to a muster point, follow instructions from the authorities

## Safety guidance

### Key points

5

#### SUBSIDENCE



Keep away from buildings



Evacuate buildings



Follow safety guidance

#### CAVE-IN



Shelter under furniture (table)



Evacuate buildings



Switch off gas and electricity



Find a safe place

# EARTHQUAKES

## DURING

- If inside, stand close to a wall, a load-bearing pillar or a solid piece of furniture, don't go near windows
- If outside, don't stand under power lines or objects that might collapse (bridges, ledges, roofs, etc.)
- By car : Stop and do not get off before the end of the tremor
- Do not light a flame

## AFTER THE INITIAL TREMOR

- Watch out for aftershocks, don't re-enter buildings
- Switch off gas and electricity
- Don't use lifts (elevators) to leave the building
- Find a safe, open space away from buildings and structures
- Evacuate coastal areas, even well after the earthquake event, due to tsunami risks

## ONCE THE EARTHQUAKE IS OVER

- Don't re-enter buildings
- If you have been buried by debris, knock on any walls to alert the emergency services
- Contact neighbours that might need help
- Notify your insurance company of the earthquake as soon as possible

## Safety guidance

### Key points



Don't use the telephone



No naked flames or sparks



Stay out of buildings



Leave children in school



Shelter under furniture (table)



Switch off gas and electricity



Evacuate buildings



Find a safe place

# WEATHER EVENTS

SNOW, ICE, HEATWAVES, THUNDERSTORMS, EXTREME COLD, HIGH WINDS

## SNOW / ICE

- Limit any journeys and don't take risks
- Obey traffic restrictions and follow diversions
- Give way to snow ploughs
- Clear snow and salt footpaths in front of your house
- Don't touch fallen power lines

## THUNDERSTORMS

- Don't shelter under trees
- If in a car, stay inside and quickly park in a safe, unexposed area, switch off the engine and don't touch any metal parts
- Don't travel or go for a walks in the forest or mountains
- Alert the fire brigade immediately if you see a fire start

## EXTREME COLD

- Wear warm clothes and remove any wet items
- Air your home once a day
- Call 115 if you see anyone in need of help
- Stay in touch with vulnerable friends or family members

## HEATWAVES

- Limit any journeys
- If you do go out, wear a hat and light-coloured, loose (cotton) clothes
- Keep windows shut when outside temperatures are higher than indoors. Open them at night to allow air to circulate. Half-close shutters and blinds facing the sun
- Take refuge in a cool spot for at least 2-hours a day
- Drink as much as possible, even when you're not thirsty. Avoid alcohol as this exacerbates dehydration
- Check on close family or friends who live on their own, are vulnerable or dependent on assistance and help them to eat and drink.

## HIGH WINDS

### BEFORE

- Store or tie down objects likely to blow away
- Shelter in a permanent building, closing doors and shutters

### DURING

- Don't go outside under any circumstances
- Unplug electrical appliances and devices

### AFTER

- Repair what can easily be reinstated (especially roofs)
- Watch out for fallen power and telephone lines and trip hazards (chimneys, roofs, poles and posts, etc.)
- Cut down branches and trees that may fall

## Risk management measures

Météo France's **weather warning map** is updated at least twice a day (at 6 am and 4 pm), or more frequently as weather events change. It informs the population about a possible dangerous weather event within 24-hours. Radio, television and internet relay information when the two highest levels are reached (orange and red).

The weather warning map covers the following events: high winds, high waves and storm surges, rainfall and flooding, thunderstorms, snow and ice, avalanches, heatwaves, and extreme cold.

**Specific protective measures** can be triggered via the ORSEC Plan for extreme cold or heatwaves.

View the weather warning map for further information :





# HEALTH RISKS

## Definition

A health risk is an immediate or long-term hazard that constitutes a direct threat to public health.

It involves the effects on health after human or animal exposure to a source of contamination requiring a specific response tailored to the health system. The health risk therefore depends on the type of contaminant, how toxic it is, as well as the duration and level of exposure.

### **i** What to do in the event of a public health risk ?

- Listen to public authority guidance which can change according to the situation
- Adopt the simple, recommended steps
- Follow any eventual specific rules on the movement of people or animals
- If symptoms appear, contact your doctor or call 15

## COVID 19

Covid-19 stems from the SARS-CoV2 virus and is a new coronavirus first identified in China in December 2019. The virus can cause severe illness (breathing difficulties, intense fatigue, fever, etc.) and is even more dangerous as it is contagious. Without protective measures, each person infected can transmit the virus to at least 3 other people even if they feel no symptoms.

Preventive health measures can be applied to curb the spread of the virus in a particular area (closure of places where people congregate, restrictions on movements, lockdowns, wearing masks and social distancing).

Mass vaccination campaigns will also be implemented.



## **Rn** 86 RADON

### **i** What is radon ?

Radon is an odourless, colourless, natural radioactive gas which when inhaled constitutes a health risk.

The gas is produced when uranium and radium decay in the Earth's crust, to be released into the air or dissolved in water. Radon emits radioactive particles that when inhaled lodge in the respiratory tract and contribute to the development of lung cancer.

Pouzols Minervois is in category 3 for potential radon exposure.

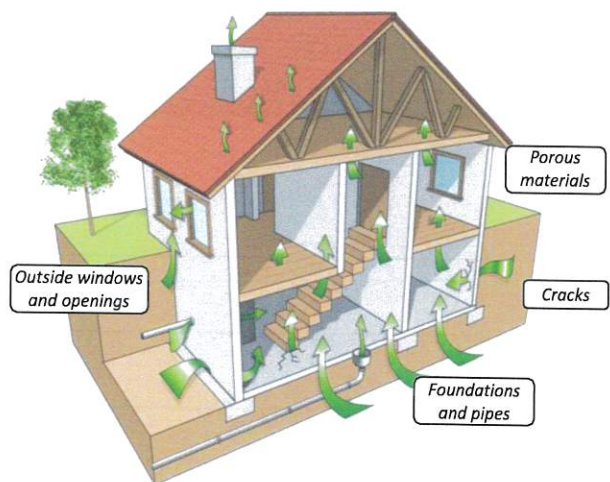
### **i** Where is it ?

The presence of radon and its concentration varies in a local area. It depends on bedrock and soil properties, as well as the type of housing (design, ventilation, heating systems, etc.).

#### Further information:

French radiation protection and nuclear safety agency - [www.irsn.fr](http://www.irsn.fr) - French national housing agency - [www.anah.fr](http://www.anah.fr)

Radon entry points in a house



### **i** How do you prevent it ?

To properly combat radon, its atmospheric concentration must first be measured with a dosimeter. Based on the findings and features of the house, improvement measures can involve:

- Sealing the foundations to limit the movement of radon from the ground
- Ventilation to renew the air
- Heating systems to recover radon



# RAINFALL-FLOODING

## the 8 actions to take

in the event of heavy Mediterranean rainfall



### Stay informed

and listen to the authorities' instructions in the media and on social networks by following the official accounts



### Do not go out in your car and postpone any journeys



### Keep an eye on loved ones, neighbours and vulnerable people



### Keep away from waterways

keep clear of riverbanks and bridges



### Do not go out

Take shelter in a building. Do not take shelter beneath a tree due to the risk of lightning



### Don't go down into the basement, take shelter above ground, high up



### FLOODED ROAD

### Do not go anywhere in your vehicle or on foot

Submersible bridge, ford, underpass... Less than 30cm of water is enough for a car to be swept away



### Don't go and pick up your children from school, they are safe there

[pluie-inondation.gouv.fr](http://pluie-inondation.gouv.fr)

#rainfallflooding

#### FAMILIARISE YOURSELF WITH THE VIGILANCE LEVELS

- Dangerous phenomena which are exceptionally intense
- Dangerous and widespread phenomena
- Dangerous and local phenomena

#### ALWAYS HAVE A SAFETY KIT TO HAND

Radio and flashlights with spare batteries, candles, lighters or matches, non-perishable food and drinking water, medicine, spare pair of glasses, warm clothing, spare keys, copy of identity documents, first aid kit, cash, mobile phone charger, baby items, pet food.

#### MAKE A NOTE OF USEFUL NUMBERS

Town hall  
**112** ou **18** Fire brigade  
**114** for the deaf and hard of hearing  
**15** Ambulance  
**17** Police

Hôtel du département de l'Aude  
Allée Raymond Courrière  
11 855 CARCASSONNE Cedex 09  
04 68 11 63 02  
contact@smmar.org / [www.smmar.org](http://www.smmar.org)



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## Websites

- > Pouzols-Minervois Municipal Council : [www.mairie-pouzols-minervois.fr](http://www.mairie-pouzols-minervois.fr)
- > Aude Departmental Council for traffic information : [www.inforoute11.fr](http://www.inforoute11.fr)
- > Prefecture - Aude : [www.aude.gouv.fr](http://www.aude.gouv.fr)
- > Joint Association for Aquatic Environment and Rivers : [www.smmar.org](http://www.smmar.org)
- > Météo France : [www.meteofrance.com](http://www.meteofrance.com)
- > French government website for the prevention of major risks : [www.georisques.gouv.fr](http://www.georisques.gouv.fr)
- > Cypres, French information centre on risk prevention : [www.cypres.org](http://www.cypres.org)

## Usefull telephone numbers

Pouzols-Minervois Municipal Council : **04.68.46.13.74 - 25 rue de la République  
11120 Pouzols-Minervois**

Prefecture - Aude : **04.68.10.27.00**

Fire brigade : **18 ou 112 (depuis un portable)**

Ambulance : **15**

Police : **17**

Météo-France : **05.67.22.95.00 - <http://france.meteofrance.com>**

### PREDICT

20 rue Didier Daurat  
34170 CASTELNAU-LE-LEZ  
04 67 17 11 10  
contact@predictservices.com



### BRLI

1105 Av. Pierre Mendès France - BP 94001  
30000 NIMES Cedex 5  
04 66 87 50 00  
dc.brli@brli.fr



### CYPRES

Rte de la Vierge Cs1  
13696 Martigues Cedex  
04 42 13 01 00  
cypres@cypres.org



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